

## Wholistic Wellness Initiative

### *Creating Sacred Spaces for Clergy*

The intake process is to help you problem solve immediate concerns or issues, determine needs and connect you with a resource professional from our team. The intake session is 50 mins to create a plan and identify next steps you can take to work on your desired change.

The Wholistic Wellness Initiative is a framework that cultivates safe, sacred spaces for clergy to seek services and journey with professionals to gain regulation, clarity and renewal for the journey as they serve the world.

#### **Outcome:**

To provide a safe and sacred space for Clergy to access services where they will experience regulation to face work and life challenges.

#### **Goals:**

1. Clergy will experience emotional regulation through therapeutic services.
2. Clergy will gain new coping skills through coaching to manage personal or work life.
3. Clergy will experience renewal through peer support or retreat options.
4. Clergy will experience family congruency as spouses access services.
5. Clergy will be supported as church boards and congregations are trained in framework functioning.

#### **Privacy Statement**

The Wholistic Wellness Initiative, a ministry of the Canada Central District, holds privacy to a high standard of accountability.

Your personal information collected will not be used for any other purpose outside of assessment stage and connecting you with a professional based on your need. All information in the intake process will be stored under secured password protected data base. We are committed to ensuring measures are in place to store your information to protect against unauthorized access, copying or sharing of sed information.

#### **Confidentiality**

Anything discussed between you and the intake worker is confidential. A summary of the session will be passed on the professional you select for follow up to enable them to start work with you based on this initial session.

We will not release any information about you to others without your consent. However, there are special circumstances when we may be obligated to release information you give us:

1. Cases of suspected or reported child abuse or neglect will be reported to Family and Children Services with the individual's knowledge and if possible, with them present.
2. If an individual shares information regarding serious harm to self (suicide) or to someone else (homicide).
3. A subpoena or summons is served by the courts.
4. If a person is under the influence of alcohol or drugs and insists on driving, the police will be notified if alternate arrangements are refused.
5. A medical emergency.

### **Complaints**

If you have a concern, we encourage you to email us at our confidential email:  
[clergysacredspace@gmail.com](mailto:clergysacredspace@gmail.com)